

The Secrets and Mysteries of Hawaii Study Guide

The Secrets and Mysteries of Hawaii by Pila (writer)

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Plot Summary

The Secrets and Mysteries of Hawaii, by William 'Pila' Chiles is a book about how people looking for inner peace and rejuvenation can find it in Hawaii. Writing under the name of Pila of Hawaii, the author writes of the beauty of the Hawaiian Islands, but this is not a travel book. Pila is more concerned with the mysteries of the Islands and how they may hold the answers for all of humanity. He continually refers to Hawaii as a Paradise and the most remote place in the world.

As a veteran of the Viet Nam War, the author experienced many emotional scars and spent twenty years trying to find himself. He had visited the Islands while on leave from the war. On the battlefield, he had a near-death experience and visions of places in Hawaii. Returning to Hawaii to live in the 1980s, he became interested in the culture and language of the people.

Pila relates the story of the Children of the Rainbow and how they lived in harmony and inner peace until they changed and began withholding wisdom from one other. Then the Rainbow disappeared and eventually the bad children were expelled from the garden. Before this, they had always experienced a link with the higher being. This link was broken when the Rainbow disappeared.

The book basically looks at ways people can work toward establishing this link. Pila states that the ancient Hawaiians believed that the body was made of energy. Colors correspond to frequencies or energy and every color of the rainbow can be found in the Hawaiian Islands. Each island has its own color or colors and these correspond to different spots on the body. People can go to different places on the various islands to revitalize their energies. He discusses where and how to do it.

There are certain places on the planet that are power vortexes, such as the Bermuda Triangle, the Egyptian Pyramids and the island of Hawaii. These places have special energy fields and function as a doorway in the time-space dimension. Some people feel that these doorways lead to a different dimension and that the ancients knew how to use them. Many of the sacred places in the Islands correspond to special energy fields and are linked to alien cultures.

Pila promotes these energy centers and the healing nature of the islands. This is one of the reasons why the Islands are such a popular vacation destination. People who are receptive to these energies find they are refreshed and rejuvenated in Hawaii.

The book is short and rather easy reading, although the reader will take the time to study the diagrams and charts and try to relate the content to his/her own life.



Chapter 1, Vacation: The New Dimension

Chapter 1, Vacation: The New Dimension Summary and Analysis

The author begins by describing the state of the world. People are now overworked, overstimulated, overfed and overwhelmed. Things that were once done manually are now computerized. It is important for people to relax. The 1950s style vacation no longer suffices. A Gallop poll reveals that three quarters of the world named Hawaii as their dream vacation spot.

It used to be that people saved for a year or more for their dream vacation to Hawaii, and after all of the hardships of travel, arrived there. The first day is spent relaxing and recovering from jet lag. You relax on the lanai, stroll on the beach, and sun bathe by the pool. The second day is spent strolling through the shopping areas and you purchase a Hawaiian shirt and then feel foolish wearing it. The third day is devoted to sports, sightseeing and of course, sun bathing. You need a tan as some kind of proof of where you have been. That evening, it dawns on you that your time in Paradise is near the end. The remainder of the vacation passes quickly and soon you are paying an enormous bill and on your way home, thinking you will return next year.

Somehow in the rat race of the real world, there was a separation from the spirit. Hawaii somehow represents a re-establishing of the connection. People look for various ways of doing this, and there are many places in Hawaii where people go to get in touch with their inner selves.



Chapter 2, How We Lost the Way: A Hawaiian Legend

Chapter 2, How We Lost the Way: A Hawaiian Legend Summary and Analysis

The Kingdom of Le Muria was a legendary continent with the Hawaiian Islands at the tip. The people had their spiritual link with God and were called the Children of God or the Children of the Rainbow. Eventually, the children lost their connection. They took the game too seriously. One of the Kahuna withheld his wisdom when it was needed and others began to do the same thing. The Rainbow began to fade and one night it didn't come.

Everything changed for the Children in the garden. There was now illness, lying and deceit in their games as one group decided they were superior to the rest. The Kahunas began to feel power over others. The Children revolted and expelled the Kahunas and others from the garden in boats.

Those who remained on the islands became the three orders of wisdom. These Essenes were the sensitives, the Maggi were the magicians and the Therapeuti were the thinkers. A big storm and earthquake then destroyed Mu, leaving only the mountain tops, which became islands. The storms and earthquake were caused by their bad actions and deeds. Their connection to the God force had been severed when the word murder entered their vocabulary. Their world became based in untruths and denial and they became like the outcast Kahunas. They lost their immortality as they continued their games until they became meaningless. The children hoped that someday their connection would be restored. Centuries passed.

One day a boat arrived with an adult named Pa'ao, who was dressed in white. He was welcomed by the Children. He visited them and then departed. By this time the Children had spread to the different islands, with each tribe adopting a different color of the Rainbow as they waited for the lost connection to be restored. Their Paradise had become boring, as the tribes visited with each other.

One day they were attacked by an armada and their beaches became blood soaked. This was a new word called war. The only island they couldn't conquer was Moloka's, where the inhabitants, the Manahunas, sang. The invader, known as the Great White Ghost, implemented a system of rules, called the kapu. The story from there on is referred to as history and the invaders were the returned Kahunas. The practice of human sacrifice began. The process was called karma and they seemed to be subject to an angry God. They were forced to wear clothing and labor camps came into existence. Then came the Plague, brought by the visitors, killing eighty percent of the Children.

The survivors saw their way of life and customs outlawed. These Hawaiian legends have been passed by eight hundred generations by word of mouth.



The Secret of the Hawaiian Mystique

The Secret of the Hawaiian Mystique Summary and Analysis

This chapter looks at the question of the Hawaiian mystique and why most people want to go to Hawaii. The author, Pila, first visited Hawaii when he was a Marine in Viet Nam. The islands were obviously an escape from the war and represented peace of mind to him. Disillusioned after the war, he returned to Hawaii and the beaches at Kona. He used the time at sunset for reflection.

At this time, Pila was trying to avoid other Viet Nam veterans. He goes to the Chicken Shack restaurant which is owned by Crazy Ed, a Viet Nam veteran. The man greets him with Welcome Home, a term that has special meaning to Viet Nam vets. Pila explains that they felt that they never came home because of the nature of the war and their experiences. Pila thinks that Crazy Ed gave him a clue to his problems of the last twenty years. He was still looking for a way home after twenty years.

Pila became interested in the people of the islands and their legends. He began to study the huna and began to have psychic experiences. He began to interview people and talks to David, the elderly son of Kahunas Daddy Bray. David told Pila about the importance of attitude. Pila remained in Kona, opening a small curio shop. This is how he met Jack, an old Danish sailer, who spent his life traveling around the world, working for various marine entities.

Pila then began to study the Hawaiian language, which he describes as abstract, like poetry and music. A group of people on the island of Ni'ihau consider the English language to be inadequate and devoid of pure meaning.

When the islanders told Captain Cook that they lived in Hawaii, they didn't mean a physical place. They meant that they lived within a life force. The Hawaiian language provides clues to the mysteries of science and religion.



War is no Fun - Let the Adventure Begin

War is no Fun - Let the Adventure Begin Summary and Analysis

Pila believes that Hawaii holds a clue for making sense out of the confusion of the world. What is needed is imagination, the kind of imagination that people have in their childhood. For most people, dreams are based on security, not wonderment. The key to solving problems is attitude.

Many people come to Hawaii for mystical experiences. This was particularly true in the 1980s. There is a trail on the Napali coast where Pila claims to have had several revelations, and from these he formulated his journey of the mind which he calls the Islands Within You.

Pila says the energy field of the body contains seven frequencies of knowing, which in Eastern philosophy are called chakras. These frequencies are associated with different colors. Red and orange are the lower frequencies while purple and blue are the higher frequencies. Each frequency has a different function. The islands themselves are an exquisite pallet of colors that are associated with the chakras and they open the door to the information in the mind.

The journey begins with relaxation and a release of tension, and then releasing the imagination. Imagine the islands and the colors on the islands and that you are floating. Your body takes the shape of the islands, with Ni'iboi being the head. This island represents knowledge. Imagine the purple band connecting to the island of Kauai where amethyst is found. This wave relates to tranquility and high thought and Kauai is a good place for reflection and meditation. Oahu is known as the voice of the islands. It helps you find your own true voice. The blue of the sky is associated with freedom. From there, go on to Lolokai, which represents the chakra of the heart. This used to be the island of the lepers and is associated with green and pink. This puts the heart in charge of the head as the journey continues to Lanai and the yellow chakra. The sexual chakra is associated with the island of Maui and its crimson sunsets and strawberry papayas. The island of Kaho-olawe is associated with the spleen and anger. The island of Hawaii is the spine chakra and associated with the color black. It is associated with purification.

Pila presents a chart showing how the islands relate to different body areas.



The Big Island: Doorway to the Other Self

The Big Island: Doorway to the Other Self Summary and Analysis

This chapter is dedicated to the island of Hawaii, called the Big Island. This island has a special energy due to the active volcano. Pila offers astrology as a reason for Hawaii special energy, even though he is not an advocate of astrology.

At various times, it was predicted that the Big Island was destined for big things. When Pila had a near-death experience in Viet Nam, he saw Hawaii as the doorway to the universe. This vision has been experienced by others.

It is a Hawaiian belief that imagination can be turned into reality. The Hawaiian chant is based on the belief that people are made of the energy force of light. Vortexes are places on earth where certain energies meet. These are places like the Bermuda Triangle and Devil's Sea. The different vortexes are connected by lay-lines. The world has a variety of these power centers. The people who believe in this have all had near-death experiences like the author, and many are drawn to Hawaii.

Lay-lines correspond to sacred spots like Easter Island, Machu Piccu and the Pyramids. They also correspond to the volcano on Hawaii. These vortexes serve to stabilize the planet and there are several places on earth where there are doorways to the universe. An altered state of consciousness is required to pass into the space-time continuum. Pila believes that South Point on Hawaii is one such doorway and there are many reports of UFOs in this area. The area has a strong energy.

Oceanview is a community on the southern tip of the island. There are green sand beaches due to peridot crystals. There are also thousands of miles of underground tunnels or lava tubes. The caves are unique because bacteria will not grow in them. They are soundless, and the author recommends that they be visited.

Quartz crystals, like sand, also have a special energy called piezoelectricity. You have to find the crystal that is right for you. Crystals are a communications link with the planet since they can attract, store and transmit light through resonance.

Pila goes on to discuss the pyramids or lave cones in Hawaii. He had had visions of the one near Punalu'u before he ever saw it. The chanting of the Kahuna by these pyramids was the way of entering a different dimension. Pila also recommends this area as a place to visit.



The Connection with the Great Pyramid

The Connection with the Great Pyramid Summary and Analysis

Both volcano and pyramid are feminine symbols for the same thing - the vortexes of energy. Pila learns this from an Egyptologist named Fadel. Fadel felt that the seven temples on the Nile were Chakra Initiation Centers. There was a secret chamber with a substance that was not from this planet. Other pyramids contained images of extraterrestrials. They felt that there was a connection between the Great Pyramid and the Big Island, but they didn't know what.

Pila spends an evening with his friend, Dr. Gilroy, a former Harvard professor who had retired to Hawaii. Gil had promised him an interesting video presentation. The video was the result of a ten year scientific investigation. Included in it were pictures sent by the Voyager of pictures from Mars. One was an image of a huge Egyptian looking mask in the Martian desert. There was also a group of pyramids. A member of a scientific team found a mathematical correlation between the Egyptian pyramids and those on Mars. The angles and trajectories were the same to seven decimal places. This discovery caused a lot of scientific interest.

Overlays of the Martian site were laid on various areas on Earth and found to correspond precisely. The patterns correspond to a tetrahedron. The tetrahedron also corresponds to sites of energy phenomena on other planets at 19.5 degrees latitude. This may correspond to energy from another dimension. On Earth these points correspond to the Egyptian pyramids, the Great Sphinx and the Kilauea volcano in Hawaii. Other coincidences were the steps of the pyramid in Mexico and crop circles in England.

The head of the scientific team Richard Hoagland and the implications of the discovering are not known.

Liquid Earth - Ho'ih

Liquid Earth - Ho'ih Summary and Analysis

The volcano is an energy vortex that creates a physical reality and symbolizes the force of creation. The ancient Hawaiians believed in one supreme being and recognized an archetype energy in things. The volcano represented a doorway in reality. Many of their ancient carvings represented that archetype.

Pila recommends that people visit the volcano to experience its energy. Pila calls it the energy of creation and says that the doorway between dimensions can exist at the site. He also strongly suggests that people be careful when they are around the lava.

Pila has developed a ritual which those who visit Pele can perform. Those who can't get near a lava flow can go to the crater. People offer gifts to Pele, like flowers, and then go to one of the steam vents. When you are there long enough to feel fear, then you have reached the point to ask for something. Pila also presents an ancient Hawaiian chant that discusses energy flow. This helps the individual get in touch with his own power. It is a tool that allows the individuals to accept himself as good.

Pila says not to take lava from the Big Island. Many who do experience bad luck and return it.

The Crossroads

The Crossroads Summary and Analysis

Pila refers to Honaunau as the Edge of Eternity. It is now a federal park and energy vortex. The ancient Hawaiians viewed the area as a sacred place where offenses were forgiven. Many terminally ill people come there for healing. There is a five mile triangular area with healing energies. The best time for this ritual is at sunset. People can remain at the park until midnight.

There are two phenomena that have been reported at the park. The first is a thirty foot tall specter dressed in white walking on the water in the park. The interpretations of the figure depends on one's personal beliefs. The second phenomena is a ball of light about which not much is known.

The strongest energy for healing occurs where the lava meets the water. People go there to be cleansed of what they need to be released from. This should be stated verbally.

According to Pila's Indian heritabe, sunsets on the West mean completion and reflection. It is the time to reflect on your actions and destiny. People should always experience the sunsets and take the time for reflection. It is a calming experience.

At times, the Hawaiian sunset will result in a green flash when the sun meets the water. Some consider this to be a doorway. Green is the color of the heart chakra.

Heiaus: Sacred Spots

Heiaus: Sacred Spots Summary and Analysis

The path to God is within the individual. The early Hawaiians had an intuitive connection. The Kahunas were the stewards of the life-force essence. They could intuitively find the energy centers, many of which have ancient ruins on them throughout the islands. These are all known as sacred spots on the islands. Originally they were places of concentration and reflection. The meaning of the word heiau was a place to capture energy.

There are differences in the energy, depending on where one is on the island. These energy centers were used for different things, most having to do with the weather. Chanting at these places would redirect the energy flow. People who visit the heiaus can tell if the energy is troubled or calm. Choose the calming places to meditate at.

Some of the heiaus were used for human sacrifice. The places are not numerous, but they still are a source of energy.

The Paranormal

The Paranormal Summary and Analysis

Pila recommends the visitors to the islands rent a car and drive around the islands. Avoid the tourist traps when you do this. Oahu and Maui are the two islands that tourists can circumnavigate and the trip will require one full day. Saddle Road is also a recommended journey. It is a trip into the mountains that is not allowed by most car rental companies since driving conditions are not good. There is also an off-limits Army base at the top and the area is the site of reputed UFO activity. One of the roads up the mountain leads to observatories where the world's largest reflective telescope is located.

Pila also talks about the Night Watches. These are lost and confused souls that wander around Saddle Road at night. Drums are sometimes heard at the nearby resorts and golf courses, sounds that are attributed to the NightWatchers, who are reported to be seven to eight feet tall.



Friends from Forever

Friends from Forever Summary and Analysis

Pila gives up his curio shop and breaks up with his girlfriend. He is still trying to get his life together and begins snorkeling. He is still looking for something. One day while floating on the water, he finds himself in the middle of a group of seven dolphins. Pila is exhilarated. He had been trying to get close to the dolphins for weeks.

Pila then talks about Miriam Baker, known as the Angel Lady. He met the well-known psychic after she brought some books to his shop to sell. She became a member of the Florida Essene secret order in the 1930s. Miriam has written books about the angelic realm. She views the angels as computer-like entities that are capable of monumental feats. Her views are consistent with the ancient Hawaiian views. The angels are pure energy and more like sprites.

The author talks about an experience that he and then his mother had at a little beach on the road to Ho'okena. While looking out over a little pond, he saw a gold iridescent glow. It took the shape of a miniature girl and then disappeared into the water. Pila decided it must be a mermaid. Chimes sounded when she appeared. When Pila told the owner of the property, she told them that the former owner told her a story that she was never to reveal unless someone had a mystical experience there.

The Waipio Valley is another site that Pila feels that visitors must see. The area is beautiful and has both dark and light energies. Visitors can also take a Mule Wagon Tour.



A New Look at Ancient Wisdom

A New Look at Ancient Wisdom Summary and Analysis

Huna is a combination of psychology and metaphysics. It has also come to mean a secret power. The Hawaiian beliefs is that each person is born with a bowl of light. This is called a calabash and it lights the path through life. Huna is a way of connecting with this bowl of life. This huna is so powerful that it has provided the basis for breakthroughs in quantum and atomic physics. Because of this, it is kept secret.

Connecting with this inner light allows the individual to understand his place in the scheme of things. The force of vital life energy is called manna and this is contained in everything. This manna can be increased and transferred from source to source. It also permeates Hawaiian thought and life.

Manna can be increased through breathing techniques, which the ancient Hawaiians practiced. Pila explains this in terms of the three parts of the human psyche: the Aumakua or higher conscious mind, the Uhane or conscious mind, and the Unihipili or subconscious mind. It is the conscious mind that performs decision making. The subconscious mind controls emotions, memories and habits. The higher conscious mind is the connection to the source of light.

The three aspects of the psyche function in harmony with one another and maintain balance in the individual. When there is a connection to the higher self, the result is joy. There must be a proper angle or attitude to have the flow from the higher self, and the ancient Hawaiians knew how to maintain the harmony. They worked to maintain the proper family attitude and cleansed their negative emotions. They asked for and gave forgiveness. They worked to maintain unity with the higher spirit and helped take care of others. A variety of skills were applied to whatever the individual specialized in.

The Kahunas were masters of the use of energy. They use breathing exercises to redirect the energy. They also engaged in chanting, called the Hawaiian Chant. This chanting even accompanies the hula dance. The chanting results in enlightenment and prepares the body to receive it.

Pila presents the text and the interpretation of several different chants. In an interview with George Kerkoven, Pila discusses the healing power of NLP. He uses the sound vibration technique.

The Way Home

The Way Home Summary and Analysis

The ancient Hawaiians lived by the Golden Rule. They had three angles for adhering to the Golden Rule. The first was accuracy of living and was called Kalana. The second, Hewa, had to do with balance in actions and in life. This was punished by ridicule which brought the offender back into balance. The third angle was 'Ino, which is concerned with the flow of energy.

The Hawaiian legend teaches that the Old Ones of the High Order will return even after a period of hundreds of centuries. No matter what goes on in the world, they will return to the garden. Pila believes that the Light Warrior will also return to the Indian tribes.

The shaman will also return. Power will revert to the individual. There will be a return to the simple and unadorned and back to the joy experienced in living. The individual is responsible for his own life and his happiness is a manifestation of awareness. There is no negativity.

The God-link lies in the innocence of the child. Man will again come into contact with his inner child.

Hawaii - The Call Home

Hawaii - The Call Home Summary and Analysis

In 1986, people began to come to Hawaii to make their connection. Many did not know why they came, but felt that they had to. Pila had welcomed one hundred forty people on his own and led them through the initiation at the Place of Refuge. Many of them had had near death experiences; others had visions like Pila had.

Many came to identify themselves and work out their belief system. The meditation helps them to focus and makes the body happy. A few minutes of this helps relieve mental stress. There are also simple rituals that can be followed to help the individual tap in on his own power. For example, the individual can cleanse her mind as he cleanses his body in the shower. All of this will help the individual experience transformation.

The Hawaiian Islands represent a place where there is a tear in the fabric of dimensional reality. All of the colors of the tapestry of life come together in Hawaii.

In October 1989, Pila attended a secret meeting on the Big Island. The meeting was held near South Point and the purpose was to remove certain energies, like greed and immoral acts, permanently from the earth's energies. Pila suggests that this might have had something to do with the end of world communism. At another meeting on January 16, 1992 in Kona, they decided that personal and mental bondage energies had to end.



The Symptoms of Aloha or Inner Peace and Epilogue

The Symptoms of Aloha or Inner Peace and Epilogue Summary and Analysis

Those who come to Hawaii are battle weary from the struggles of everyday life and vulnerable to the infection of transformation. The individual will experience the revitalizing energies and will notice a change in his behavior. He will act more spontaneously and enjoy life more. There will be less interest in conflict or being critical. He will lose the attitude of being a victim. If the individual is receptive to the energies, he will experience their revitalizing and healing powers.

In the Epilogue, Pila states that the point we are heading for is not new. We are coming full circle to a familiar point, but things will be viewed from a different angle. The result, for those who don't resist, can be the re-establishment of the ancient connection.



Characters

The Children of God

The Children of God were also known as the Children of the Rainbow and are from Hawaiian legend. They existed when it was believed that the Hawaiian Islands were at the tip of the legendary continent called the Kingdom of Le Muria, which was known as Mu. The Children of the Rainbow had a spiritual link with the God force of the Universe. This God force, or huna, permeated the lives of the people. Then they began to lose their connection. They took their game too seriously and they always played games. They somehow crossed the thin line between innocence and ignorance. Those who were the stewards of the God force began to withhold their wisdom, and others began to do the same thing. They didn't notice when the Rainbow began to fade. The people weren't as happy as they used to be and their passion for game playing became less intense. The Rainbow had always been taken for granted and had followed them everywhere, even into the dark when it became something like a mirror. There it allowed the children to be in touch with their ancestors and have their connection. One night, the moon goddess, Laka Hina, did not bring the Rainbow. The Children realized that they had caused the severing of the connection and they felt abandonment. Their games changed. There was now illness, victims and lying. Some people began to feel they were better than others. Eventually, the Kahunas, who became power hungry, were expelled from the garden.

Pila of Hawaii

Pila of Hawaii is the author of the book, William "Pila" Chiles. He is interested in the myth of Hawaii and why so many people consider the islands to be a paradise. He says that after his first visit to the islands, he couldn't stop thinking about them and kept returning. Chiles is a veteran of the Viet Nam War and first visited the islands when he was in the military service. Hawaii was then a break from the miseries of heavy combat and represented peace of mind. But the thoughts of Hawaii stayed with him. He returned to Kona, trying to recover from the war. He would use the sunsets for reflections, trying to put his life back together. An encounter with another Viet Nam veteran, Crazy Ed, clued him into the fact that he was searching for a way home from the war. This realization changes Pila's ways of viewing life. He began to socialize more and became interested in the Hawaiian people and their history and legends. As he began to study the huna, he began to develop psychic abilities. Pila remained in Kona and opened a small curio shop as he continued his search for inner-peace. He continues to live in Hawaii and is well known for his psychic abilities and his teaching of the kuna, the ancient Hawaiian wisdom. He is also an NLP trainer and practitioner and an ordained minister. He is also a lecturer.



Jack

Jack is a former Danish sailor and is in his seventies when Pila first meets him. He kept signing up with different marine entities that resulted in several trips around the world, but always returned to Kona. He marries his live-in girlfriend who was in her sixties, and he stops drinking.

David

David was an elderly villager, the son of Kahunas Daddy Bray. He was rumored to be a magician/sorcerer. He is in his late seventies, with failing health, when Pila first meets him. He would discuss various topics with Pila and one day told him about the importance of attitude.

Dr. Thane Walker

Dr. Thane Walker was a psychoanalyst and controversial mystic of the 1960s. He had studied under Freud and Gurdjieff. He gave a series of lectures in which he predicted that Hawaii would become the lighthouse of the world.

Kahunas

Kahunas were the stewards of the God force. When they became power hungry and deceitful, they were expelled from the Garden.

Crazy Ed

Crazy Ed was a Viet Nam veteran who ran the Chicken Shack restaurant in Kona.

The Therapeuti

The Therapeuti were a group of the remaining Children of the Rainbow who were the thinkers.

The Maggi

The Maggi were a group of the remaining Children of the Rainbow who were the magicians.



The Essenes

The Essenes were a group of the remaining Children of the Rainbow known as the sensitives.

Laka Hina

Laka Hina was the Moon Goddess for the Children of the Rainbow.



Objects/Places

The Kingdom of Le Muria

The Kingdom of Le Muria was a legendary continent known as Mu. The Hawaiian islands were said to be the tip of this continent.

The Garden

The Garden is what the islands were called when the Children of God lived there. After the earthquake, the mountain tops became the Hawaiian Islands.

Tahiti

Tahiti is where the expelled Kahuna were sent to. It basically meant alone or away from.

Kona

Kona is a beach and city on the Big Island in Hawaii.

The Chicken Shack

The Chicken Shack restaurant, run by a Viet Nam veteran called Crazy Ed, is on the Big Island at Kona.

Hawaii

Hawaii is the biggest island of the islands that comprise Hawaii. It is called the Big Island and associated with the color black and the spine Chakra.

Kauai

Kauai is one of the Hawaiian islands known as the monastery island good for retreats and meditation.

Oahu

Oahu is the island where Honolulu is located and is known as the voice of the islands.



Moloka

Moloka, which used to be the island of the lepers, represents the heart chakra.

Lanai

Lanai is the island where the pineapple plantations are located and is associated with the color yellow.

Maui

Maui is the island associated with beautiful crimson sunsets and strawberry papayas and the sexual chakra.

Kabo-ulawe

Kabo-ulawe is the island associated with the spleen chakra and is the place to get rid of anger.



Themes

Searching for Self

The major theme of the book is the search for the self or the search for inner peace and happiness. This is especially true of the author, who is a veteran of the Viet Nam War. Like many others, he suffered many emotional scars from the war. He felt that he never really came home from the war and spent twenty years trying to find himself. The near death experience he had and the visions of various places in the islands drew him back to the Islands to live in the 1980s. He became interested in the history and culture of the Hawaiian people and learned that he could relate to it. He learned the ancient wisdom and how there used to be a link with the self and God and that the link was lost. He learned how to use the tonal vibration system and how the colors were related to different frequencies. The different islands corresponded to different color that related to different areas of the body. The island of Hawaii was one of the power vortexes and most of the island's sacred places correspond to places of special energy. These were good for meditation and contemplation. Chanting was a way of focusing the energies so he learned to do this. His move to Hawaii and his studies of the ancient Hawaiians as well as neuro linguistic programming (NLP) helped him to overcome many of his past problems.

Connection With the Past

Another dominant theme of the book is the connection with the past. Pila finds that the past contained much wisdom and practices that are relevant in today's world. Much of the ancient Hawaiian wisdom was based on legend and the belief that the Children of the Garden had a continual link with the God force of the Universe. This link was lost through their own bad actions and never reestablished. Pila looks at the Hawaiian language and how it contained no negatives. Attitude was an important part of the ancient wisdom and the fact that there were no negatives in their language is representative of the fact that it was important for them to maintain the proper attitude.

Other links to the past have to do with power vortexes and lay-lines that connect the different energy centers. Many of these include places like Machu Pichu and the Great Pyramids. There is talk of a room in the Great Pyramid with hieroglyphic pictures of aliens. There is mention that the Voyager program has pictures of pyramids on Mars with mathematical correlations to those in Egypt. This theory of ancient space alien is not new.

Pila feels that the past can help people in the present by giving them a different perspective. People experience problems when they lose their contact with the past.



The Attraction of Hawaii

A third theme of the book is the attraction of Hawaii. In the opening chapter, Pila cites a Gallop poll that indicates that seventy-five percent of the people choose Hawaii as their number one vacation destination, and this includes people from all over the world. This is not hard to understand because in addition to its natural beauty, there are golf courses, resorts and all kinds of activities to take part in. The typical tourist work all year to save for his vacation to Hawaii.

But Hawaii offers more than just beautiful scenery. There are many places where visitors can meditate and get in touch with themselves in what Pila continually refers to as Paradise and the most remote place on earth. Hawaii is one of the power vortexes on Earth. This is a place where there are special energies and possibly a door to a different dimension. Many of these places allow individuals to refresh and rejuvenate their own energy. Obviously, the Islands attract people with these beliefs and many went there beginning in the 1980s, like Pila, some of whom didn't know why. Many had near-death experiences and visions.

The Hawaiian Islands continue to be a popular vacation destination. People go there to relax and to enjoy the beauty as well as the activities.

Style

Perspective

The perspective of the book is that of the author, William "Pila" Chiles, who uses the name Pila of Hawaii. The author uses both the first and third person point of views in telling his story of Hawaii. He uses the third person when he is discussing the history or presenting the theory and concepts. He writes in the first person when he is discussing his own experiences. This approach works well for the book since it is in part his own story of how the methods presented in the book helped him to recover from the psychological devastation he suffered after the Viet Nam War. He spent twenty years trying to find himself and explains how he was able to mend from the war only after he moved to Hawaii and studied the contents discussed in the book.

Pila suffered the psychological devastation that many people suffer from various event in life. He discovered the mysteries of Hawaii and wants to share them with others. He is qualified to write a book of this kind because of his own experiences and his work as a neuro linguistic programming trainer and master practitioner. He practices the things he talks about in the book and teaches them to others.

This book will appear to a variety of people. People who are looking for more insight into themselves or have a curiosity about the book will find it interesting. The book will also be of interest to people traveling to the Islands because Pila discusses the history of the people and their culture and also recommends many sites to see.

Tone

The Secrets and Mysteries of Hawaii is written in a more or less subjective tone. The author is objective in his presentation of facts and theory when he discusses the Children of the Rainbow, the ancient Hawaiian wisdom and the various theories and concepts, many of which are documented. He is subjective in the presentation of his own beliefs and there is nothing wrong with this. Pila believes in the concepts he is presenting because he practices them and he lets the reader know how nurturing and healing they are. There are also many places where he recommends certain sites that visitors should visit in Hawaii and what they should and shouldn't do. Even though much of this is based on the author's own opinions and beliefs, he does not try to force them on the reader. He is sharing the information with the reader and basically saying this helped him and it might help you if you want to try it. Pila comes across as sincere and honest in his writing and the reader will appreciate this. It makes the reading of the book more interesting for the reader.

Structure

The book has a structure that works well. The book is divided into four parts and consists of fifteen chapters and an epilogue. The first part discusses the attraction of Hawaii and the legend of the Children of the Rainbow. The second part focuses on the Big Island and the concept of doorways to a different dimension. The third part relates the ancient wisdom to modern times. The last part ties the rest together and explains why Hawaii offers the ideal vacation paradise. The page before each part presents a poem or a passage, some of which are very beautiful. This adds to the ambiance of reading the book.

There is Dedication at the beginning of the book that explains what prompted the author to write the book. He explains why he thinks the subject is important and how he thinks it can help people. There is also an Acknowledgments page and a Table of Contents. There is no Index, which means that the reader who wants to look up something must flip through the pages. There are maps and charts presented in various places and these help the reader to better grasp the concepts that the author is presenting.



Quotes

"There is a place in the heart beyond time that legend calls Paradise." Paradise Found, p. xv

"Before the separation there was only one rule to live by in Paradise. The rule was to treat others as you would like to have yourself be treated." Chap. 2, p. 12

"I became curious, wanting to know more about the real ambassadors, the 'Children of the Rainbow.' The Hawaiians have that joy and appreciation for living in the blood. There was something pure about them and the simple way they still lived life that always drew me to them." Chap. 3, p. 32

"For the human race is at a threshold at a most critical time in all history. As a result, people are going through a lot of anxiety right now, and Hawaii ... Paradise, holds a clue for making sense out of it all." Chap. 4, p. 43

"Hawaiians say that the truth to all reality lies in the dreamtime of our imagination. They contend that nothing is made up, but 'tuned into.' In other words, when we create or fabricate, we are actually tuning into the greater reality." Chap. 5, p. 65

"This was fascinating enough but what really started things rolling was when someone on the Hoagland team noticed a mathematical correlation between the pyramidal complex and the so-called Martian Sphinx. A mapping of the sites revealed precise trajectories and angles throughout the complex. Excitement brewed in the international scientific community when these mathematical correlations were seen to be redundant." Chap. 6, p. 95

"On the Big Island, you are on special ground in an activated time in all history. You are at one of the few doorways in your reality where even the Earth itself liquefies and nothing is as it may seem." Chap. 7, p. 103

"Unlike the seriousness of the journey to volcano and the doorway to creation, this notion often gives a lucky feeling and the desire to dare to dream again. This may be the door you have been knocking on for quite a while." Chap. 8, p. 124

"There were sacred places where the Kahuna would tap into the current for healing the physical or emotional body, called beiau ho ola, to balance the current of the body by purging the vibration (by a kind of gurgling, shaking or tempering). Because everything was considered to be formed from vibration, the kahuna would chant the sound that cooperated with the current and then direct it differently." Chap. 9, p. 127

"My teaching slogan is 'A key to our future lies in the past.' Somehow the afterlife, the before life and now are interconnected. The veil is being lifted and the Big Island is the place where worlds collide, so I expect major information breakthroughs soon." Chap. 10, p. 140



"Being Paradise, Hawaii provides the very essence of this, plus the ability to process and see through the illusion of whatever corner we may have painted ourselves into in life. Hawaii is the highest mountain to stand on the most remote escape and the deepest mirror to look into in putting our lives back into perspective. I believe that we have been given brothers and sisters to help us in this reconnection process." Chap. 11 pp. 145-146

"In the middle of the ocean where East meets West is the Island of Fire and Ice, home of the volcano and doorway to another dimension and a different reality. Here magic lives, where the Earth itself liquefies and nothing is quite as it seems." Chap. 12, p. 198

"Many of the American Indian tribes have similar legends to my tribe, telling of where we all originated from on this planet before the fall from grace - a place of indescribable beauty and lushness, with no winter, surrounded by endless water - a place called the Garden." Chap. 13, p. 200

"'I don't really know what I'm doing here, I just had to come.' Or, 'Something called me,' and 'What is it - what is this feeling I get here - on this island, the strangeness, yet somehow familiar?'" Chap. 14, p. 212

"To those who have begun to listen, welcome home, back to the Paradise within you." Epilogue, p. 228



Topics for Discussion

What is the Hawaiian legend of the Children of the Rainbow? What is the legend's significance?

What does Pila say is the most important key in solving problems? Why? Explain.

Explain Pila's Islands Within You. What is the journey he talks about? How does one go on this journey?

What are power vortexes and lay-lines? Why are they significant? Name some of the places that were mentioned?

How is tonal vibration used in healing? What is its purpose?

What were the purpose of the meetings held in the late 1980s and early 1990s? Why were they held in secret? Were they successful?

What, according to Pila, is the solution for those searching for inner peace? Why is Hawaii the place to find this inner peace?